



Fóillíochta dlr
dlr Leisure

CHILD SWIM LESSON REGISTRATION FORM

Child's Name Date of Birth
(PLEASE PRINT)

Does your child have a personal classroom assistant? Tel

Parent / Guardian Name Mobile

Email

- Level required 3yr Intro Tadpole Jellyfish Starfish Goldfish Dolphin Shark
- Lane Coaching Rookie Lifeguard One to One Other

Day and Time of class

Your health is your responsibility. The management and staff of this organisation are dedicated to helping you take every opportunity to enjoy the facilities that we offer. With this in mind, we have carefully considered what we can reasonable expect of each other.

<p>Our commitment to you</p> <ol style="list-style-type: none"> 1. We will respect your personal decisions and allow you to make your own decisions about what exercise you can carry out. However, we ask you not to exercise beyond what you consider to be your own abilities. 2. We will make every reasonable effort to make sure that our equipment and facilities are in a safe condition for you to use and enjoy. 3. We will take all reasonable steps to make sure that our staff are qualified to the fitness industry standards as set out by the Register of Exercise Professionals. 4. If you tell us that you have a disability/illness which puts you at a substantial disadvantage in accessing our equipment and facilities, we will consider what adjustments, if any, are reasonable for us to make. 	<p>Your commitment to us</p> <ol style="list-style-type: none"> 1. You should not exercise beyond your own abilities. If you know or are concerned that you have a medical condition which might interfere with you exercising safely, before you use our equipment and facilities you should get advice from a relevant medical professional and follow that advice. 2. You should make yourself aware of any rules and instructions, including warning notices. Exercise carries its own risks, You should not carry out any activities which you have been told are not suitable for you. 3. You should let us know immediately if you feel ill when using our equipment or facilities. Our staff members are not qualified doctors, but there will be a person available who has had first aid training/first aid responder. 4. If you have a disability/illness, you must follow any reasonable instructions to allow you to exercise safely.
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Parent/Guardian Signature Date

I wish to receive further information on activities and updates at your centres by Post Email SMS

Form must be completed in full
Please read and sign terms and conditions on reverse



BALLYOGAN* | LOUGHLINSTOWN | MEADOWBROOK | MONKSTOWN
01 294 3880 | 01 282 3344 | 01 299 5610 | 01 230 1458

* No Pool

www.dlrleisure.ie

SWIM LESSON INFORMATION

1) TERMS AND CONDITIONS

- a) Registration form must be completed by all participants or carers if under 18 years.
- b) Disruptive behaviour during lessons will result in suspension without recourse.
- c) Credit will only apply on receipt of a doctor's certificate and will only be considered with a continuous certified absence of four weeks or more.
- d) For One to One lessons credit will only apply if cancellation is received a minimum of 24 hours in advance of booked class.
- e) Parent or Guardian must accompany children to the toilet; therefore parent/guardian must be available during class time.
- f) No children must be left unattended in building at any time.
- g) Clothes and personal belongings must be stored in lockers during class times and while you shower. Cubicles must be free for other pool users to change. Centre staff will remove clothes left unattended in cubicles for any length of time.
- h) Parents must NOT enter the pool bank or shower area at any time, unless requested by the teacher.
- i) If you wish to discuss your child's progress please do not do so during swim classes, you may leave your name, your child's name, class level and time at reception and the class teacher will call you A.S.A.P.
- j) Enrolment is only secured upon receipt of full payment.

2) YES

1. Swim Hats must be worn
2. Footwear (flip flops are best)
3. Correctly fitting swimwear
4. Swim Goggles

NO

1. Swim Socks
2. Baggy Shorts
3. Sun Suits
4. Wet/Dry Suit
5. Snorkels
6. Goggles with nose covering

3) FOR HEALTH AND SAFETY REASONS, PARENTS PLEASE TAKE NOTE INSTRUCT YOUR CHILDREN

Do not eat within one hour of swimming lesson.

Shower before every swim.

Use toilet before swim.

No running in changing village/pool bank.

No physical contact with other swimmers.

Jumping and diving only under teacher supervision.

Minimum height for one child for one to one lessons is 1.2 mtrs

Children must arrive on time for class

Children must be accompanied to toilets at all times

Parents must keep shower area clear

Please do not distract / talk to children during lessons

One to One lessons are only available to children out of armbands

4) PROGRESS AND RE-ENROLMENT INFORMATION

Re-enrolment occurs during each 10 week session on weeks 8, 9 and 10.

Re-enrolment dates are posted in each facility and online.

Children, on average will spend 40 weeks at one level; however moving to higher grade is solely dependent on gained swimming ability.

If a child does not attend more than 50 % of the 10 week session, they will not move up a grade.

Class teacher's decision on grading is final.

5) PLEASE NOTE FROM TIME TO TIME DUE TO CIRCUMSTANCES SWIM TEACHERS ARE SUBJECT TO CHANGE

Parent /Guardian Signature

Date

Staff signature



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